The main purpose of this research is to realize through phenomenological study the effectiveness of the reflective pedagogy in order to learn, re-learn and un-learn meanings of students’ experiences when related to the concepts learned from Rizal Course and eventually, enhance their understanding and appreciation of FEU’s Core Values.
Reflection is a pedagogical approach and essential part of education for sustainability. It challenges the way students interpret the world and how knowledge and opinions are shaped by personal experiences and social influences. Personal experiences and observations as they relate to course content are linked.
Rizal Course made the students realize that reflective writing becomes their personal response to experiences, opinions, events or new information; to clarify their thoughts and feelings; to explore their learning; to gain self-knowledge; to achieve better understanding of what they are learning; to make meanings of past and present experiences and above all to live out the core values of FEU in their own everyday lives.
Phenomenology promotes and makes possible new ways of looking at old phenomena (learn). Phenomenology eliminates, insofar as possible, presuppositions and traditionally held assumptions (un-learn), thus, it enables the students to "see" anew (re-learn).
Apparently, it is not enough to know the values; students must want it, so that they will act on it without any prodding from others. Understanding and appreciating the meanings of the values will make the students strive hard to integrate the values in their everyday lives.
FEU’s core values are Fortitude, Excellence and Uprightness. These core values are part and parcel of the vision and mission of the university. They are the values that students should be able to acquire and integrate and later will form part of their work ethics when they graduate.
There is also a dire need to make a major shift in our educational and personal paradigms, a redirection of the students’ ways of thinking, feeling and acting through reflection. Reflective pedagogy renders the students with necessary knowledge, competencies, and values to deal effectively with the challenges brought about by a rapidly, complex, and conflicted world.
Reflective Pedagogy

- Rizal Course
- Reflection
- Experience
- Insights
  - Consciousness (Kamalayan)
  - Self (Sarili)
  - Others (Kapwa)
- FEU Core Values
Method
Participants for this study were the Internal Auditing Senior Students of the Institute of Accounts, Banking and Finance. The class consisted of 24 females and 18 males a total of 42 members. The students ranged in age from twenty to twenty-three and are Filipinos. Writing reflection paper was required in Rizal Course. Topics of Rizal Course included Rizal’s biography, novels, poems and essays.
Percentage Distribution of Insights According to Fortitude (Katatagan), Excellence (Kahusayan) and Uprightness (Katapatan)

- Fortitude (Katatagan): 44.00%
- Excellence (Kahusayan): 29.10%
- Uprightness (Katapatan): 26.90%
Percentage Distribution of Insights Based on Fortitude Arranged According to Consciousness (Kamalayan), Self (Sarili) and Others (Kapwa)
Excellence

Percentage of Distribution of Insights Based on Excellence Arranged According to Consciousness (Kamalayan), Self (Sarili) and Others (Kapwa)

- Consciousness (Kamalayan): 66.60%
- Self (Sarili): 30.80%
- Other (Kapwa): 2.60%
Percentage of Distribution of Insights Based on Uprightness Arranged According to Consciousness (Kamalayan), Self (Sarili) and Others (Kapwa)
“Life must be understood backward. But it must be lived forward.”
Soren Kierkegaard

“We do not write in order to be understood, we write in order to understand.”
Cecil Day Lewis
There is magic in the telling of our story . . .

(views)

There is mystery in the discovery of what we will find.
There is power in the exploration of what is discovered . . . (values)

There is freedom in the responsibility of ownership.
There is joy in the transformation when the butterfly in us emerges . . . (virtues)
Thank You!

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