A Considered Approach to Universal Wellbeing

Ross Hall
Jim Playfoot
Quality of Life = Quality of Mind

- Abilities
- Inclinations
- Skills
- Competencies
- Capacities
- Strengths
- Propensities
- Tendencies
- Dispositions
- Habits
- Character traits
- Knowledge sets
- Beliefs
- Attitudes
- Values
- etc.
Quality of Life  =  Quality of Mind

Abilities
Inclinations
Skills
Competencies
Capacities
Strengths
Propensities
Tendencies
Dispositions
Habits
Character traits
Knowledge sets
Beliefs
Attitudes
Values
etc.

being
well

Aspiration
Quality of Life  =  Quality of Mind

- Abilities
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- Capacities
- Strengths
- Propensities
- Tendencies
- Dispositions
- Habits
- Character traits
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- Beliefs
- Attitudes
- Values
- etc.

doing well

Managing your own well-being

Improving the well-being of others

Managing the quality of life
Quality of Life = Quality of Mind

Abilities
Inclinations
Skills
Competencies
Capacities
Strengths
Being attentive
Being thoughtful
Being civil
Being empathic
Being self-directed
Being creative
Being assertive
Being tolerant
Being patient
Character traits
Knowledge sets
Beliefs
Attitudes
Values
etc.

Quality of Mind = being well
doing well

Quality of Life = being well
being well
Quality of Life = Quality of Mind

- being well
  - Being attentive
    - Being thoughtful
    - Being civil
    - Being empathic
    - Being self-directed
    - Being creative
    - Being assertive
    - Being tolerant
    - Being patient
    - etc.

- doing well

etc.

etc.
Quality of Life  =  Quality of Mind

doing well

being well

Being attentive
Being thoughtful
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Being empathic
Being self-directed
Being creative
Being assertive
Being tolerant
Being patient
etc.
etc.
Quality of Life  =  Quality of Mind

- Doing well
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  - Being self-directed
  - Being creative
  - Being assertive
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  - Being patient
  - etc.

- Being well
- Being self-directed
- Being creative
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Quality of Life  =  Quality of Mind

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Quality of Life = Quality of Mind

doing well

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Quality of Life = Quality of Mind

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Quality of Life  =  Quality of Mind

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etc.

e tc.
Quality of Life  =  Quality of Mind

What do we do with this?
Quality of Life  = Quality of Mind

Learning for Quality of Life

Educators

Communities

Parents

Policy Makers
Quality of Life  =  Quality of Mind

Quality of Life

Education for...

Employment and Growth
Academic progression
Personal development

Quality of Life
Quality of Life = Quality of Mind

AFRICA
Whole communities + Ministries of Education

ARGENTINA
Primary schools + Ministry of Education

UK
Secondary Schools + Charities
Quality of Life  =  Quality of Mind

Community Engagement
Teacher Training

Learning for Quality of Life

Programmes & Curricula
Assessment
THANK YOU

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