HUMAN NEEDS-BASED CURRICULUM

Integrating Empathic Connection and Academia

CATHERINE CADDEN
Belonging
To Matter
Meaning

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Self-Connection

Presence

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Curiosity
Intention to Connect

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共感  
EMPATII
KUMVA
倾听
EMPATÍA
EMPATHIE
 EMPATIA

동정심  
EMPATIA
parhit chinta, samanubhuti
परहित चिंता , समानुभूति
HURUMA
EMPATIYA, KALO'OY
EMPAATIA

همدلي

empathy
“Play is the only way the highest intelligence of human kind can unfold.”

–Joseph Chilton Pearce
“If we remove play from learning, we remove curiosity. If we remove curiosity, we begin to eliminate the first two components of true empathy and mutual understanding.”

– Catherine Cadden
“Labels block compassion.”

– Marshall B. Rosenberg, PhD
“Every interaction is a chance to build a foundation in peace and nonviolence. Every moment is a moment to engage learning.”

– Catherine Cadden
True multi-age learning environments

- Support intrinsic choice to learn
- Reflect real world dynamics
- Cultivate empathic connection, responses, & actions
Safety
Trust
Respect

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The Three R’s:

- Respect Self
- Respect Others
- Responsibility for all your thoughts, feelings, needs, and actions.
“At every moment, children are developing their ability to decide how to best meet their own needs, including how meeting their needs affects meeting the needs of others.”

– Catherine Cadden
“We, humans, are in constant motion to meet our needs. What strategies we choose will be defined by how connected we are to the needs that motivate that choice.”

– Catherine Cadden
“When learning invites the whole child to participate – intellectually, emotionally, physically, and spiritually – then education becomes a relationship to life itself.”

– Catherine Cadden