4th King (1974): GNH rather than GNP should be the yardstick for measuring progress.

- GNH
- multi dimensional development approach to achieve a harmonious balance between material well being and the spiritual, emotional and cultural needs of our society.
4 Pillars and 9 Domains of GNH- metrics

Sustainable and Equitable Socio-economic Development
1. Living standards
2. Education
3. Health

Preservation and Promotion of Culture
4. Cultural Diversity and Resilience
5. Community Vitality
6. Time use
7. Psychological well being

Conservation of Environment
8. Ecological Diversity

Good Governance
9. Good Governance
Educating for GNH: GOAL

GNH minded teachers

GNH- infused learning environment

All teachers receive effective education in these areas.

All school principals receive GNH inspired education.
Educating for GNH: How it all began

2010: Introduced Educating for GNH initiative in all schools.

To bring GNH principles, approaches, and examples into the country’s educational system and curricula at all levels.
Nurturing Green Schools was distilled into education’s pledge of Green Schools for Green Bhutan.

Our Green Schools focuses on eight indicators; environmental greenery, intellectual greenery, academic greenery, social greenery, cultural greenery, spiritual greenery, aesthetic greenery and moral greenery.

Educating for GNH provide guidelines for teachers to enable them to integrate these 8 elements of green schools through the five pathways.
Meditation and Mind training

GNH into school curriculum

Holistic Assessment.

Broader learning environment

Critical & Creative thinking.
Expectations of a GNH Graduate

Workplace
- right livelihood
- right attitude
- Role model/change agent/leader
- Joy at work
- Mindful
- Competent & productive

Self
- Creative/resourceful
- Confident
- Reflective
- Upright
- Compassionate
- Sensitive

Family
- Best school
- Pure or unconditional love
- Responsibility within the family
- Appreciate indigenous value system
- Intelligent decision making
- High sense of gratitude

Community
- Community activities and services
- Participate in cultural events
- Stay involved in the community
- Mutual respect & care for each other
- Care of community/environment
- Promote equality & justice

Citizen
- engaged in democratic activities
- Resourceful/creative
- Honest, resistant to corruption
- Ecological conscious
- Universal values
Some visible results
Good Practices

Feeding programme- help for poor and needy students as well as services for the community.

Meditation

Spiritual programmes

Waste management.

Remedial support
The culture of wearing their own dress
Quotes from various stakeholders on the impact of GNH

“My school is litter free. Our school usually has 10 minutes cleaning before the morning assembly, where all the children are engaged in cleaning and emptying dust bins. Now with this pledge- Litter Free. The ten minutes in the morning is not required because children don’t litter and there is hardly any cleaning to be done in the morning.” This is a great change in my school” (Principal)

“We do 2 minute of meditation before the morning prayer, which I find very helpful. We could not believe that suddenly children become so quiet while they gather for the morning assembly.” This is very successful.” (Principal)

“I see so much change in my class. Children don’t yell and shout and they like 2 minute meditation.” (Teacher)

“ The initiative has made great impact, specially there is sudden decrease of bullying and in discipline problem. We don’t encounter discipline problem.” (Teacher)
Monitoring and Evaluation System

1. Create a plan for the systematic documentation, monitoring and evaluation of the Educating for GNH initiative.

2. School self assessment,
Academic learning scorecards, Enabling practices and GNH scorecards.
• His Majesty said he does not care too much for statistics. “What matters to me is not whether we have thousands of students with Masters or graduate degrees. What really matters to me is whether a citizen, no matter what the level of his or her education, is able to fulfill responsibilities, serve with loyalty and bring good fortune and wellbeing to the family, community and nation.”

• His Majesty asked the teachers to have confidence in education system. “I am a proud product of Bhutanese schools,” His Majesty stated. “Lastly, I want to remind you all that the national goals of Bhutan must be contemplated upon and defined by the people.” To stress this point, His Majesty quoted the Fourth Druk Gyalpo, who said, in his Coronation Address in 1974, “Years and decades of effort by the government will not equal the result of a little effort by the people.”
GNH has come to mean so many things to so many people. But to me, it signifies simply, ‘Development with values’.