Social Participation & Learning Activity
-Focusing on Japanese Aged People-

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Chenmai, Thailand, 2015
Current situation of Japan

Definition of “Aging Society”
The society where the ratio of a person above 65 forms 7% of whole population of the society

[Date of 2013]

- 25.1% of the population is the aged
- 62.1% of the population is person from 15 to 64
- 12.9% of the population is person under 15

Japan is the most advanced aging society
Progress of an aging society

- In the future:
  - Japan will progress to the aging society more and more
  - 40% of the population is the aged in 2060,
  - Especially urban area will progress to the aging society so rapidly
The ratio of living alone is increasing
50% of them will not participate in community activities

Solitary household is increasing?

Current situation of the aged (2) Health situation

Current situation of the aged(3) Income situation

Current situation of the aged(4) Social activity

- Most of them like watching TV
- Some part of them want to exchange with other people
- Some part of them is going to participate in learning activity or community activity

They would like to get the place or the chance for “Interaction to the society”?

<table>
<thead>
<tr>
<th>ITEM</th>
<th>ITEM</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Appreciation of cultural event</td>
<td>1206</td>
</tr>
<tr>
<td>2</td>
<td>Study circle or group activities</td>
<td>826</td>
</tr>
<tr>
<td>3</td>
<td>Participation in a learning course</td>
<td>526</td>
</tr>
<tr>
<td>4</td>
<td>Participation in sports or recreation</td>
<td>469</td>
</tr>
<tr>
<td>5</td>
<td>Labor for farming and productive activity</td>
<td>468</td>
</tr>
</tbody>
</table>

### Current situation of the aged (7) Social activity

<table>
<thead>
<tr>
<th></th>
<th>50—59</th>
<th>60—64</th>
<th>65—74</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Cultural event</td>
<td>Cultural event</td>
<td>Cultural event</td>
</tr>
<tr>
<td>2</td>
<td>Study Circle</td>
<td>Study Circle</td>
<td>Study Circle</td>
</tr>
<tr>
<td>3</td>
<td>Sports/recreation</td>
<td>Productive activity</td>
<td>Sports/recreation</td>
</tr>
<tr>
<td>4</td>
<td>Study for occupation</td>
<td>Cultural activity</td>
<td>Learning course</td>
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<td>Learning course</td>
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</tbody>
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Current situation of the aged (8) Social activity

Like to have a sense of fulfillment in the life
Like to use one's experience and skill
Like to get new friends
Like to broaden one's horizons
Like to gain confidence in one's health
Like to practice mutual help
Like to contribute community development
Like to sympathize with children

View point of activity of the aged (1)

Based on the above mentioned,

**KEY POINTS are**
- How shall they participate in their community?
- How shall they communicate the other?
- How shall they practice a creative activity?
View point of activity of the aged (2)

However we also consider following things,

The Aged

- Has a small income
- Was retired, economize their dairy life
- Has little mobility
- Are very interested in their health
- Likes to get a sense of fulfillment

We recognize again the importance of CLCs
Role of CLCs (1) for the aged

- Recognize again the function of CLCs for the place for gathering lightheartedly
- Provide the chance to practice a cheerful activity in order to enrich their daily life
- Promote organizing a study circle
Role of CLCs (2) for the aged

Based on the increase of “living alone”

- Promote participating in their community in terms of improvement of accessibility
- Conduct an outreach activity for the aged (and alienated people)
Role of CLCs (3) for the aged

Based on the features of the aged,
- Promote volunteer activities in order to use their experience in the life
- Provide a learning chance to produce better understanding of the aged and the aging society
Thank you for your attention!