Education is Wholesome

School curriculums are influenced by the dominant worldview driven by market force.
The ability to create greed is what success in business is defined.
Indigenous source of knowledge and wisdom, and more importantly the indigenous thinking is lost.
The Tri-aspect of Education

- The Trinity of education
- Birth of Psychological individualism
- Decline in the trust and commitment level
- Success is not achievement if it engenders rivalry, competition
GNH: A paradigm shift in the concept of development

- Human beings responsible for all crisis
- Despite all these something substantially missing. What is it?
- The fourth king of Bhutan introduced the concept of GNH
- GNH encourages us how we must BE and ACT
Way forward

- Perceive success not as an individual pursuit but a collaborative achievement
- Values remain mostly as the delivery of the vocabulary rather than the conceptual explanation
How do we do it?

- Test moral reasoning power, to test sensitivity towards moral issues.
- Education system should enable students to truly understand values, encourage wholesome and positive emotions.
- What makes us who we are, is the particular trait due to our history and culture.
The nine GNH domains

- Psychological wellbeing,
- Physical health,
- Community vitality,
- Work-life balance,
- Living standards,
- Civic engagement in governance,
- Education,
- Cultural diversity and
- Ecological integrity.
• Values and Practice in Psychological Well-being Domain
  • compassion, generosity, calmness, gratitude, karma, empathy and other wholesome emotions.

• Values and Practice in Health Domain
  • Yoga,
  • balanced diet and healthy food habits.

• Values and Practice in Time Use Domain
  • Time spent on socialising with family and friends, sports, and other leisure activities
Values and Practice in Education Domain

- creativity,
- openness,
- diligence,
- insight,
- perseverance, and
- patience

Values and Practice in Good Governance Domain

- Integrity,
- trust,
- justice,
- credibility,
- far-sightedness,
- empowerment,
- non-discrimination and
- commitment
Values and Practice in Ecology Domain

- interdependence,
- eco-consciousness,
- sustainability,
- non-exploitative attitude towards nature,
- aesthetic,
- naturalistic, and
- nature reverence values
• Values and Practice in Living Standards Domain
  • food security,
  • housing, and
  • relative and absolute incomes

• Values and Practice in Community Vitality Domain
  • Altruism, Trust, Reciprocity, fairness,
  • fidelity, solidarity, unity, cooperation,
  • family closeness, sociability,
  • equality,
  • hospitality, honour, cohesion and friendship.
• Values and Practice in Culture Domain
• Identity,
• non-alienation,
• diversity and
• dignity.
If a person gets various elements under each of these nine aspects of life right, the chances for happiness will be much higher.
“Today’s world demands economic excellence and I have no doubt that during our lifetime we will be working towards building a stronger economy for Bhutan to further consolidate and secure our own future. In doing so, no matter what our immediate goals are, I am confident that the philosophy of GNH will ensure that ultimately our foremost priority will always be the happiness and the well being of our people”. His Majesty the 5th King of Bhutan

“We know that true abiding happiness cannot exist while others suffer, and comes only from serving others, living in harmony with nature and realizing our innate wisdom and the true and brilliant nature of own minds” The Prime Minister of Bhutan